



Hurt, Insulted, Threatened with Harm, and Screamed (HITS) Domestic Violence Screening Tool

Please read the following questions to your client and fill in the box with the number that best describes their partner's behavior.

Are you currently in a relationship? Yes ____ No ____

How often does your partner?	Never = 1	Rarely =2	Sometimes =3	Fairly Often =4	Frequently =5
Physically <i>hurt</i> you					
<i>Insult</i> or talk down to you					
<i>Threaten</i> you with harm					
<i>Scream</i> or curse at you					
Total Each Column:					

Total Score (add up previous row):

If you have answered 'Never' to all of the above questions, have you ever previously experienced any intimate partner violence (i.e., has a partner ever physical hurt you, insulted you, threatened you with harm, or screamed/cursed at you)?	Yes ____ No ____
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<i>If your client screened positive above:</i> Are you currently experiencing or have you ever experienced other violence than IPV? (Check all that apply)	Sexual Assault (non-intimate partner) ____ Stalking (non-intimate partner) ____ Human trafficking ____ Verbal Abuse (non-intimate partner) ____ Physical Abuse (non-intimate partner) ____ Family/Caregiver Violence ____ Other Violence ____
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Time to administer: 5-10 minutes. Should be completed in a one-on-one interview format using pen and paper.

You also need to ask/know the following demographic questions to report your data online: Age, Ethnicity, Race, and Gender Identity.

Scoring the HITS

If client is not currently in a relationship, you should still ask if they have ever previously experienced any intimate partner violence. If the client did screen positive, you also must ask the questions in the second table.

Each question in the first table is answered on a 5-point scale: 1 = never, 2 = rarely, 3 = sometimes, 4 = fairly often, 5 = frequently. Tally up scores in each column, then total. Total scores range from 4 to a maximum of 20.

Any answer other than never is a starting place for a conversation about intimate partner violence (IPV). Preventing someone from experiencing IPV is important, just as it is important to address violence that is currently occurring. **For the purposes of this project, any score 5 and above is considered a positive screening.** Traditionally, scores 8-10 and higher indicate active victimization.