



Making HEADWAY

Friday March 20, 2026

Designed for Individuals with a Brain Injury, Caregivers & Professionals

8:30 - 9:00 a.m.	Check-In & Refreshments
9:00 - 9:30 a.m.	Welcome & Opening Remarks Dan Reeves, Executive Director, Brain Injury Association of Virginia
9:30 - 10:15 a.m.	Community & Caregivers: Valuable Resources in Recovery Alison Clarke, CTRS, Community Engagement Manager Sheltering Arms Institute Rachel Gibson, MSW, Caregiver Program (CNI Grant)
10:15 - 10:45 a.m.	Nothing Can Come Between Us - Except A Brain Injury Karen Grazionale, Author, Advocate, Activist
10:45 - 11:00 a.m.	Break
11:00 - 11:30 a.m.	Traumatic Brain Injury (TBI): The Spectrum of Injury Type and Patient Care Needs William C. Walker MD, Professor, VCU Dept PM&R
11:30 - 12:00 p.m.	Understand and Thrive with Your New Normal Jim Segneri, LS&ESSI
12:00 - 12:45 p.m.	Lunch

12:45 - 1:45 p.m.	<i>Survivor Panel</i> Kenslea Crawley, Tim Klabunde, and Kevin Lathan
1:45 – 2:00 p.m.	Break
2:00 – 2:45 p.m.	<i>Sharing Healthcare Experiences: A TBI Focus Group Research Study</i> Caressa Palmer, MPH, VCU Clinical Research Coordinator
2:45 – 3:30 p.m.	<i>TBI as a Risk Factor for Alzheimer's Disease and Parkinson's Disease</i> Paul F. Aravich, Ph.D. Behavioral Neuroscientist and Professor Eastern Virginia Medical School at Old Dominion University
3:30 – 3:45 p.m.	Break
3:45 – 4:45 p.m.	<i>Annual Report / Closing Remarks</i> Dan Reeves, Executive Director, Brain Injury Association of Virginia