

## COMMONWEALTH OF VIRGINIA DEPARTMENT FOR AGING AND REHABILITATIVE SERVICES

KATHRYN A. HAYFIELD Commissioner

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Dear Fellow Virginian:

You are receiving this letter because hospitals in Virginia are required to report the names of patients admitted with a traumatic injury to the Statewide Trauma Registry. Records show you were admitted to a hospital in Virginia with an injury to your head, neck, or face.

An injury to the brain or head can cause changes in how a person thinks or acts and can make life more difficult. Please look at the enclosed materials. If the problems listed sound like what you have been dealing with since your injury, I encourage you to contact the Brain Injury Association of Virginia (BIAV) for assistance. The Department for Aging and Rehabilitative Services (DARS) is the state agency responsible for coordinating services for people with brain injury and we work closely with BIAV to serve Virginians with brain injury. BIAV can inform you about available services to help you and your family in your recovery as well as information so you can better understand the effects of your injury.

You can reach out to BIAV in a number of ways:

- Fill out the enclosed "Resource Request" form and return it in the prepaid envelope or
- Contact BIAV by phone at 804-355-5748 or toll-free at 800-444-6443 or
- Send an e-mail to info@biav.net or
- Search their website for resources and chat with them at www.biav.net

Their professional staff will be happy to answer any questions you have about your injury or this letter. They can refer you to services, specialists, programs, and resources for recovery.

It may have been some time since your injury and if so, we're sorry you didn't get this information sooner. Regardless of how long it's been, please know DARS and BIAV want to support you and your family through this journey. Contact BIAV and find out what kind of help they can offer.

Sincerely.

Carolyn Turner

Director, DARS' Disability Programs/Brain Injury Services Coordination Unit