



Saturday, March 16, 2024

Making Headway Conference

9:00 a.m. – 9:30 a.m.	Registration & Continental Breakfast	
9:30 a.m. - 10:15 a.m.	<p>Opening Remarks Annual Meeting, Advocacy Updates David DeBiasi Executive Director Brain Injury Association of Virginia</p>	
10:15 a.m. - 11:00 a.m.	<p>Keynote Session Family Affair: Brain Injury Affects More Than the Survivor Kelly Lang Person with Brain injury, Advocate, Parent</p>	
11:00 a.m. - 11:15 p.m.	Exhibits	
11:15 p.m. - 12:30 p.m.	<p>Navigating the Road to Recovery How Mental Health Counseling for Survivors and Caregivers Promotes Wellness John Duggan, LPC, LCPC, LSATP Marymount University</p>	<p>The Role of Pituitary Hormones in Long-Term Recovery after Traumatic Brain Injury Tamara L. Wexler, MD, PhD</p>
12:30 p.m. - 1:30 p.m.	Lunch	
	Track Designed for Individuals with a Brain Injury	Track Designed for Family/Caregivers
1:30 -2:00 p.m.	Ice Breaker	Ice Breaker
2:00 – 2:45 p.m.	<p>Mindful Healing: Navigating the Challenges of Brain Injury Through Music Raven Bransom, MT-BC Healing Sounds</p>	<p>Relationships after Brain Injury Karen Grazionale Care Partner</p>
2:45-3:15 p.m.	Break, Networking	Break, Networking
3:15-4 p.m.	<p>Staying Active After Brain Injury David Robbins Sportable</p>	<p>Engaging Love Ones with Brain Injury: The Struggles & The Strategies Katherine Surret BSW, CBIS Community Brain Injury Services</p>