



Hurt, Insulted, Threatened with Harm, and Screamed (HITS) Domestic Violence Screening Tool

Please read the following questions to your client and fill in the box that best describes their partner's behavior.

Are you currently in a relationship? Yes _____ No _____

How often does your partner?	Never	Rarely	Sometimes	Fairly Often	Frequently
Physically <i>hurt</i> you					
<i>Insult</i> or talk down to you					
<i>Threaten</i> you with harm					
<i>Scream</i> or curse at you					
	1	2	3	4	5
Total Score:					

<p>If you have answered 'Never' to all of the above questions, have you ever <i>previously</i> experienced any intimate partner violence (i.e., has a partner ever physically hurt you, insulted you, threatened you with harm, or screamed/curse at you)?</p>	<p>Yes _____</p> <p>No _____</p>
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Time to administer: 5-10 minutes. Should be completed in a one-on-one interview format using pen and paper.



Scoring the HITS

If client is not currently in a relationship, skip the first table and continue to the question in the second table about previously experienced intimate partner violence.

Each question is answered on a 5-point scale: 1 = never, 2 = rarely, 3 = sometimes, 4 = fairly often, 5 = frequently. Tally up scores in each column, then total. Total scores range from 4 to a maximum of 20.

Any answer other than never is a starting place for a conversation about intimate partner violence (IPV). Preventing someone from experiencing IPV is important, just as it is important to address violence that is currently occurring. Traditionally, scores 8-10 and higher indicate active victimization.