



**COMMONWEALTH OF VIRGINIA**  
**DEPARTMENT FOR AGING AND REHABILITATIVE SERVICES**

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Dear Fellow Virginian:

You are receiving this letter because in Virginia, the names of patients admitted to a hospital with a traumatic injury are sent to a statewide trauma registry; records show you were admitted with an injury to your head.

Included with this letter is information to help you after your injury.

The Department for Aging and Rehabilitative Services (DARS) is the state agency responsible for coordinating services for people with brain injury. We work with the Brain Injury Association of Virginia (BIAV) to answer questions you may have about the injury to your head or brain. BIAV can also tell you about available services to help you and your family in your recovery.

An injury to the brain or head can cause changes in how a person thinks or acts and can make life more difficult. Please look at the enclosed materials. If the problems listed there sound like what you have experienced since your injury, contact BIAV for help, hope and healing.

You can reach out to BIAV in a number of ways:

- Fill out the enclosed "Resource Request" form and return it in the prepaid envelope
- Contact BIAV by phone at 804-355-5748 or toll-free at 800-444-6443
- Send an e-mail to [info@biav.net](mailto:info@biav.net)
- Search their website for resources and chat with them at [www.biav.net](http://www.biav.net)

Their professional staff will be happy to answer any questions you have about your injury or this letter. They can refer you to services, specialists, programs and resources for recovery.

It may have been some time since your injury and if so, we're sorry you didn't get this information sooner. Regardless of how long it's been, please know DARS and BIAV want to support you and your family through this journey. Contact BIAV and find out what kind of help they can offer.

Sincerely,

Christiane Miller  
Director, Brain Injury Services Coordination Unit