

Housing Options/ Residential Services for Individuals with Brain Injuries

Brain Injury Association of Virginia

Telephone: (804) 355-5748 or Toll-free (800) 444-6443

E-mail: info@biav.net Web-site: www.biav.net

Housing options for people with brain injury vary greatly in the amount of assistance offered. Public funding for these services are limited. The programs below offer different degrees of support for individuals with brain injuries – please read the descriptions and call the providers with any questions. There may be other programs or facilities that offer residential services. We are always looking for additional resources, so if you learn of a program not on this list, please call us at the number above. For more ideas on long term care, see the end of this list.

This list is for informational purposes only and does not imply any endorsements.

NORTHERN VIRGINIA

Brain Injury Services

Available for Case Management clients of Brain Injury Services, Inc. only

Administrative Office: 8136 Old Keene Mill Road, Suite B102 Springfield VA 22152 PH: 703-451-8881

- Supported Living Program – Clients live in their own apartments with maximum of 10 hours of supervision/assistance provided weekly. Client must have or find something productive to do during day.
- Montgomery House – houses up to 4 men. It is an independent living home for those who are, or at risk of, being homeless. Cost is \$450/month. It offers some support for household maintenance etc. and a bi-weekly house meeting. House facilitator is on-site once a week. Individuals must have a place to go each day.

RICHMOND

Virginia Supportive Housing PH: 804-358-0375 www.virginiassupportivehousing.org

Contact: Stephanie Arnold, Case Manager. Ph: (804) 921-3466; E-mail: sarnold@virginiassupportivehousing.org

Two Residence locations: Independence House: 1725 National Street, Richmond, VA 23231

Bliley House: 6117 Bliley Road, Richmond, VA 23225

- Community-based residences for six to eight individuals with brain injury or spinal cord injury. Limited support provided by case manager and night monitor. Residents need to be able to participate in their own care, learn independent living skills, be drug and alcohol free and have some involvement in a daily productive activity (e.g., work, clubhouse, etc). Candidates cannot require more than six hours of personal care assistance daily, have no or little behavioral issues and meet income eligibility requirements.

Tree of Life Services, Inc.

3721 Westerre Parkway, Suite B

Richmond, VA 23233

804-364-3305 / 1-888-886-5462 Fax: 804-364-1692 E-mail: info@tree-of-life.com

Serves adults, ages 18 and up. Tree of Life Services provides community based transitional and long-term assisted living services for persons with acquired brain injury. The program is medically directed and supervised by Nathan D. Zasler, MD. A comprehensive, transdisciplinary therapy staff including neuropsychology and behavioral therapies provide individualized treatment in a setting that can provide 24 hour supervision, care and access to medical and neuropsychological/behavioral services including recreational and vocational activities

The Virginia Home

1101 Hampton Street

Richmond, VA 23220 PH: 804-359-4093

Nursing Facility for adults with permanent, severe disabilities; average age is younger than most nursing facilities. Full care provided. Coordinated activities, including on-site crafts workshop and van for off-site trips. Long waiting list, but this may be an option for those with extensive care needs who don't need immediate placement. (Not exclusively for people with brain injuries, however, some residents do have brain injuries.)

SHENANDOAH VALLEY

The Bridge Line

P.O. Box 7292

Charlottesville, VA 22906

Contact person: Daniela Pretzer - phone# (434) 989-1274

Long-term residential living in a family-like setting for adults with traumatic brain injury. The following activities are organized and involvement with them supported as needed: daily skill training including search for work, physical rehabilitation, cognitive retraining, music and art therapy, individual and group problem-solving sessions, recreational outings. Operates 4 homes with a 3:1 resident to staff ratio

SOUTHWEST

NeuroRestorative Virginia - Blue Ridge

1510 Seneca Drive, Blacksburg, VA 24060-2464 Website: www.neurorestorative.com

Provides residential treatment for adults (over 18) includes intensive neurobehavioral treatment, comprehensive rehabilitation, a transitional unit and supported living services. Neurobehavioral Program provides 24 hour awake supervision and on-site nursing; consultation as needed from neuropsychologist, behavior analyst, and psychiatrist; and a rehabilitation team of PT, OT, Speech, Clinical Social Work, Case Management. Recreation, skill development groups, fitness activities, vocational activities, supported employment, substance abuse services and community integration helps participants advance to a more independent setting.

Referrals from No VA, Richmond & Eastern Shore: Michelle McDonagh, Clinical Evaluator at 410-508-1559 or michelle.mcdonagh@neurorestorative.com Referrals from the rest of Virginia: Contact Lisa Koch, Clinical Evaluator, at 919-397-8135 or Lisa.Koch@neurorestorative.com

STATEWIDE

Virginia Department for the Aging

Contact your local *Area Agency on Aging* or statewide information number: 1-800-552-3402 for information on long-term care in Virginia including:

- Lists of nursing homes, assisted living, and Adult Homes (also known as Adult Care Residences);
- Residents' rights and investigation of complaints;
- Many supportive services for older adults/ people with disabilities.

A listing of long term service providers is also available at <http://www.vhi.org> or

<http://www.vdh.virginia.gov/licensure-and-certification/the-division-of-long-term-care/directory-of-long-term-care-facilities>

Community Based Services – Statewide

Many people with brain injury are able to live in the community of their choice if they have access to services that support them in their home – or that of a family member. Medicaid Waivers provide funding for supports people with brain injury who meet financial and functional criteria. The **CCC + Waiver** provides Personal care, Respite Care, Adult Day Health Care, Emergency Response Systems, Assistive Technology and Environmental Modification. People who sustained their injury before age 22, can be screened for one of the **Developmental Disabilities Waivers (DD Waiver)**. It provides a wider range of services but has a long waiting list (see <http://www.mylifemycommunityvirginia.org/>). For additional information call the Brain Injury Association of Virginia (BIAV) at (804) 355-5748 or (800) 444-6443 or the state office of the Department of Medical Assistance Services at (804) 786-1465,