



BRAIN INJURY AWARENESS DAY 2019

Social Media Information

- **Post it!**

Facebook - Find us on Facebook here:

<https://www.facebook.com/events/303063457003648/>

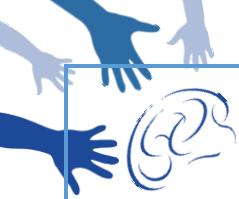
- ***Share our event to your Timeline.*** Forward the event to your Virginia Delegate's and Senator's Facebook pages! Look up your Delegate's and Senator's Facebook pages by searching for their names in Facebook.
- ***To go a step further, take a picture of you, your family, and friends participating and share it on your Facebook page!***
Before you post your picture, click "Feeling/Activity," then "Supporting," and type "Brain Injury Association of Virginia!" Share your picture to your Virginia Delegate's and Senator's Facebook pages (if they have them)!

Instagram - Find us on Instagram by searching @braininjuryassociationva. There, you can create your own post or use the prepared graphic on the next page! Make sure you tag your friends and family to encourage them to be a part of this important day!

- **Tweet it!**

Let's Tweet as loud as we can! Mention us @biavirginia to let us know you're joining us!

- Follow your Virginia Delegate and Senator and let them know it's time to prioritize brain injury funding!
- Create your own message, or use: "28,000. *That's the number of Virginians who sustain brain injuries every year! It's time to prioritize Brain Injury funding! #BIAwareness #BIFundingMatters*"



GRAPHICS

Looking for a cool graphic to share with your post or tweet? Feel free to use this! Visit www.biav.net/awareness-day-2019 to save the image to upload!

