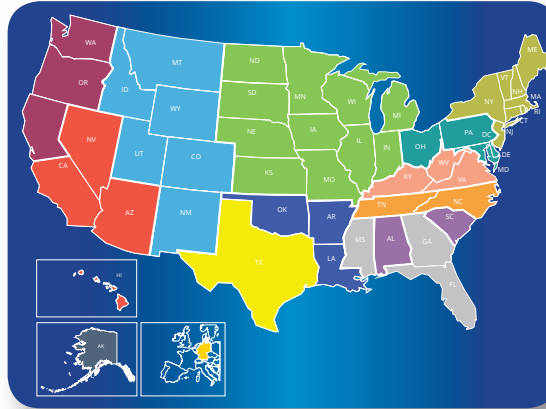




## DVBIC TBI Recovery Support Program Network Catchment Regions



To find a TBI recovery support specialist or learn more, visit [dvbic.dcoe.mil](http://dvbic.dcoe.mil) and click on DVBIC Locations, email [mrmc.dcoe.TBIrecoverysupport@mail.mil](mailto:mrmc.dcoe.TBIrecoverysupport@mail.mil) or call the Defense Centers of Excellence Outreach Center at 866.966.1020.

DVBIC is the TBI operational component of the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury.

DVBIC is proud to partner with the Army, Navy, Air Force, Marine Corps and Coast Guard on this product.



U.S. Army photo by MC1 Sharay Bennett

# Traumatic Brain Injury Recovery Support Program



## What is the DVBIC TBI Recovery Support Program?

The Defense and Veterans Brain Injury Center (DVBIC) provides clinical care, education and clinical research on traumatic brain injury (TBI).

Since 2007, DVBIC's TBI Recovery Support Program (previously known as the Care Coordination Program) and its recovery support specialists have helped people who have lingering symptoms from a TBI.

## Why would I need this program?

After a TBI, you, a family member or caregiver might need extra support. You may have problems with headaches, memory, sleep, mood or vision. These issues might lead you to miss appointments or even fall out of the health care system.

You might also need support during times of transition. For example, you might change from inpatient to outpatient, or move to a new facility or post. We can help you stay on the path to recovery.

## How do I get into the program?

You may be eligible if you are:

- a service member - active duty, Guard or Reserve
- a veteran
- a family member or caregiver of a service member or veteran who has a TBI

You can enter this program if you:

- refer yourself
- are referred by a family member
- screen positive for a TBI at a military treatment facility or VA hospital
- are referred by a health care provider or case manager

Once you are enrolled in the program, we will reach out to you regularly. We will provide advice and support, keep track of your symptoms and make sure that you are connected to medical and non-medical support services.

We can make sure you receive follow-up care, whether you return to duty or transition out of the military.

## What's the difference between a TBI recovery support specialist and a case manager?

A TBI recovery support specialist (RSS) and case manager work together to provide extra support to you and your family.

Your **case manager** directly manages your care at a treatment facility, developing and implementing your multi-disciplinary recovery care plan. Your **TBI recovery support specialist** follows you throughout the care system, making sure you stay connected and know about TBI-specific services, treatments and resources. Your RSS helps you identify military, veterans and community resources that will help your continued recovery.

The TBI recovery support program is a nationwide network and if you move, your RSS transitions your care to a RSS in your new location.

