



**QUICK
GUIDE**

Medicaid Waivers in Virginia

Medicaid waivers help people with disabilities and the elderly access medical, rehabilitative, and other services in their homes and communities. Medicaid waivers allow the state to waive certain requirements, such as an individual needing to live in an institution to receive some Medicaid benefits. Individuals with a brain injury may be eligible for a Medicaid waiver if they 1) have a disability, 2) meet the requirements to receive care in a nursing home or hospital, and 3) are eligible for Medicaid.

What waiver options are available?

Commonwealth Coordinated Care Plus (CCC+)

This waiver is available to persons who are elderly or disabled. To find out if you or a loved one is eligible, you need to be screened at a hospital or your local [Department of Social Services \(DSS\)](#). The screening tool is called the [Uniform Assessment Instrument](#). Services that can be provided include adult day health care, personal assistance, respite care, personal emergency response system and medication monitoring, assistive technology, environmental modifications, and transition services. Read how to access this waiver on the next page.

If an injury happens before an individual's 22nd birthday, they may be considered developmentally disabled and be eligible for other waivers including:

Building Independence Waiver

For adults 18 and up who are able to live independently in the community. Individuals own, lease, or control their own living arrangements and supports are complemented by non-waiver funded rent subsidies. Supports are episodic/periodic in nature.

Family and Individual Supports Waiver

Available to both children and adults living with friends, family or in their own homes.

Community Living Waiver

24/7 services and supports for individuals with complex medical and/or behavioral support needs through licensed services. Includes residential supports and a full array of medical, behavioral, and non-medical supports. Available to adults and some children.

How do I access Wavier supports?

CCC+ Waiver:

Request a screening from the local [Department of Health](#) or [Social Services](#) in the city or county where the person lives. Some departments use the phrase "Personal Care Screening." If the person needing the care does not have Medicaid, this screening should be done **before** applying for Medicaid. If the person is currently in a Virginia hospital, the screening should be done before discharge.

More than 12,000 Virginians with developmental disabilities are on waiting lists for community-based support. There will likely be a delay in receiving services through one of these waivers. Emergency waiver slots may be available for some people, if in the absence of waiver services, the individual would not be able to remain in their home.

Emergency waiver eligibility criteria include:

1. The primary caregiver has a serious illness, has been hospitalized, or has died.
2. The individual has been determined by the DSS to have been abused or neglected and is in need of immediate waiver services.
3. The individual demonstrates behaviors which present risk to personal or public safety.
4. The individual presents extreme physical, emotional or financial burden at home and the family or caregiver is unable to continue to provide care.
5. The individual lives in an institutional setting and has a viable discharge plan in place.

Community Services Boards (CSB) serve as the single point of entry for waiver services for ALL individuals with a developmental disability in Virginia. To get in touch with your local CSB, [visit this website.](#)

Adjusting to life after brain injury and finding the right services can be challenging. At the Brain Injury Association of Virginia, our trained experts are available to speak with you about your personal situation and answer your questions. Our services are free and confidential.

To get in touch:

Call **1-800-444-6443**

Visit **biav.net**