



We're Here for What Comes Next.

About BIAV & How We Can Help

40 years ago, BIAV was founded by parents trying to figure out how to help their loved one through brain injury. Today, BIAV is still focused on that goal. Our mission is to advance education, awareness, support, treatment and research to improve the quality of life for all people affected by brain injury.

We often say, “we meet you where you are” with our services.

For instance:

- We operate an Information and Referral (I&R) helpline to provide free, individualized problem-solving, brainstorming, and help with accessing important services and programs.
- We facilitate in-person and virtual support groups.
- We reach out to newly injured Virginians and work with hospitals, human service programs, and state agencies to meet the needs of those with brain injury.
- We provide educational and training events like conferences, webinars, and workshops.
- We participate in public awareness and brain injury prevention activities.
- We hold Camp Bruce McCoy, a week-long recreation and respite program for adults with brain injury and their caregivers.
- We lead advocacy efforts to expand the system of care and help persons with brain injury, their families, and caregivers protect their rights and secure services.

Accessing and Using Information & Referral

Information and Referral (I&R) is a free and confidential service designed to help you build a roadmap for what comes next, with assistance that is customized to your needs.

Our I&R facilitators:

- Are trained experts with over 20 years experience and knowledge about brain injury and services across Virginia.
- Maintain relationships across the state so we can connect you with programs and services in YOUR community.
- Inform participants about service/treatment providers and community based programs that could help with recovery.

Talking to one of our experts as part of your recovery may help you discover what you don't know right now and what you may need to know in the future.

Accessing I&R is easy; you can:

- Call us at **1-800-444-6443**
- Chat with us via our website at **biav.net**
- Fill out an online resource request form at **biav.net/resource-request-form/**
- Email us at **info@biav.net**

biav.net
1-800-444-6443

