



Caregiver Forum

November 22, 2019

I Didn't Know My Phone Could do That...and Other Life Hacks Worth Knowing.

Some favorite Apps:

Care Zone - Scan your (or your family member's) pill bottles to instantly create a detailed list of medications that you can share with doctors. Stay on track with automatic reminders, important contacts.

It's Done - It's Done! A smartphone app designed to eliminate that feeling of uncertainty and help you instantly confirm whether you have completed a routine task. Instead of trying to recall every single task, you just need to remember to check a single app on your phone or tablet.

Mint – personal finance application from Intuit that offers a variety of easy-to-use financial planning and tracking tools.

Mealime – We have made meal-planning, grocery shopping, and cooking as simple as takeout.

Cozi Family Organizer - Keep events and activities all in one place, Keep and share the grocery list in real time, Store recipes, plan meals, and shop for ingredients, Use from any mobile device or computer.

Mind your loved ones - Allows You to Create a Digital Library of Critical Medical Information & Advance Care Directives for Yourself and Your Loved Ones.

Caring Bridge - CaringBridge offers a safe, secure place for patients and caregivers to provide health updates, and for family and friends to respond with messages of emotional support and prayers.