



# SERVICES FOR PEOPLE WITH BRAIN INJURY IN VIRGINIA

4/2017

## State Administered Services

*The following services and programs are administered directly by the Department for Aging and Rehabilitative Services:*

The **Brain Injury Services Coordination Unit (BISCU)** is located at the **Department for Aging and Rehabilitative Services (DARS)**, Virginia's designated "lead state agency" for planning and monitoring services that enhance the quality of life and vocational goals of persons with acquired brain injury. BISC Unit manages about \$6 million in programs and services, primarily through federal/state grants, and state-funded contracts with organizations across the Commonwealth. BISC Unit provides information and consultation about acquired brain injury to DARS staff and external customers. BISCU staffs the Commonwealth Neurotrauma Initiative Trust Fund and the statewide Virginia Brain Injury Council. *Contact Patricia Goodall at 804/662-7615, 800/552-5019, TTY 800/464-9950 or e-mail [Patti.Goodall@dars.virginia.gov](mailto:Patti.Goodall@dars.virginia.gov) or on-line <http://www.vadars.org/cbs/biscis.htm>.*

- **Brain Injury Direct Services (BIDS) Fund** provides short-term specialized services, assistive technology, and equipment / goods that people with brain injury may need to live more independently and move forward in their recovery. Funds are limited and can be used only if no other funding source is available ("fund of last resort"); it is recommended that you contact DARS prior to applying for funding. BIDS Fund does *not* pay for inpatient medical rehabilitation or any type of residential services. Individuals must be one year post-injury and meet disability and financial criteria. *Contact Patricia Goodall at 804/662-7615, 800/552-5019, TTY 800/464-9950 or e-mail [Patti.Goodall@dars.virginia.gov](mailto:Patti.Goodall@dars.virginia.gov) or on-line <http://www.vadars.org/cbs/biscis.htm>.*
- **Commonwealth Neurotrauma Initiative (CNI) Trust Fund**, established legislatively in 1997 for the purpose of "improving the treatment and care of Virginians with traumatic spinal cord or brain injuries," disburses funding to Virginia-based organizations, institutions, and researchers through a competitive grant process administered by DARS. The Advisory Board awards grant funds of \$5,000 to \$150,000 per year for up to three years in alternating cycles for either *research* or *community based services* grants. *Contact Wanda Allen 804/662-7154 or [Wanda.Allen@dars.virginia.gov](mailto:Wanda.Allen@dars.virginia.gov) or on-line <http://www.vacni.org>.*
- **Federal Traumatic Brain Injury (TBI) Implementation Partnership Act** funding was awarded to DARS for a four-year grant project entitled, "**Facilitating Access to Care and Enhancing Services**" for the period 2014-18. The primary goals of the grant focus on Information and Referral, Professional Training, Screening, and Resource Facilitation, all designed to expand and strengthen the state's infrastructure. Three DARS subcontractors assist in carrying out grant activities: the primary contractor is the Brain Injury Association of Virginia (BIAV). In addition, James Madison University completed a Year 1 study on the access of Virginians with brain injury to neurobehavioral services, and in Years 2-4 of the grant, the University of Virginia is implementing a brain injury screening program at eight community sites (2 AAAs, 2 CILS, 2 Free and Charitable Clinics, and 2 CSBs). The DARS Federal grant does not provide direct services to consumers; it is a systems-change grant. *Contact Donna Cantrell at 804-622-7069 or 800/552-5019, TTY 800/464-9950 or e-mail [Donna.Cantrell@dars.virginia.gov](mailto:Donna.Cantrell@dars.virginia.gov) or on-line <http://www.vadars.org/cbis.htm>.*

**Centers for Independent Living (CILs)** provide services statewide that promote the independence, productivity, and leadership of people with disabilities. CILs are operated by people with disabilities who assist others to take charge of their own lives. CILs work with individuals and communities to remove barriers to independence. Services include information / referral, peer counseling, independent living skills training, and individual and systems advocacy. There are 16 CILs and four satellite CILS located throughout Virginia. Contact Rhonda Jeter at 804-325-1360 (voice and VP) or 800/552-5019, TTY 800/464-9950; e-mail [Rhonda.jeter@dars.virginia.gov](mailto:Rhonda.jeter@dars.virginia.gov) or on-line <http://www.vadars.org/cbs/cils.htm>.

**Community Rehabilitation Case Management Services (CRCMS) Program** provides case management / service coordination for individuals with central nervous system and other severe functional disabilities (including brain injury). Rehabilitation Specialists assist in identifying individual needs and identify resources to increase independent living and community integration. Contact Carolyn Turner at 800/552-5019, TTY 800/464-9950, e-mail [Carolyn.Turner@dars.virginia.gov](mailto:Carolyn.Turner@dars.virginia.gov) or on-line <http://www.vadars.org/cbs/lcrms.htm>.

**Dementia Services Coordination Unit** works with the Virginia Alzheimer's Disease and Related Disorders Commission to achieve the goals of the State's Dementia State Plan to help meet the needs of Virginians with dementia. The Coordinator disseminates information to the public, health care professionals and advocacy groups; coordinates services and activities among organizations that connect Virginians with dementia and their caregivers; and identifies memory assessment centers to share information. Visit [www.vadars.org/cbs/dementiaservices.htm](http://www.vadars.org/cbs/dementiaservices.htm) to learn more or contact Devin Bowers at 804-662-9154 or email [devin.bowers@dars.virginia.gov](mailto:devin.bowers@dars.virginia.gov) or by call 800/552-5019, TTY 800/464-9950.

**Personal Assistance Services for People with Brain Injury (PAS/BI)** provides personal assistance to people with significant functional limitations due to a physical disability caused by a brain injury and who are ineligible for attendant services through other sources. The consumer and a consumer-designated representative manage all aspects of employing a personal assistant. Services may include assistance getting in/out of bed, dressing, bathing, meal preparation, and housework. Priority is given to individuals at risk of institutional placement. Contact Pat Norton at 800/552-5019, TTY 800/464-9950, e-mail [Patricia.Norton@dars.virginia.gov](mailto:Patricia.Norton@dars.virginia.gov) or on-line <http://www.vadars.org/cbs/pas.htm>.

**Vocational Rehabilitation (VR) Program** is the federal/state funded program within the **Department for Aging and Rehabilitative Services (DARS)** that offers employment-related assistance to persons with disabilities, including people with brain injuries. Individuals who meet disability and financial eligibility criteria work with a Vocational Rehabilitation Counselor to jointly develop an Individualized Plan for Employment (IPE) that identifies an employment goal, as well as services or training to achieve that goal. Services include evaluation of skills and abilities; help determining an employment goal; counseling and guidance; vocational training; and job seeking / job placement services. Contact DARS at 800/552-5019, TTY 800/464-9950, or on-line <http://www.vadars.org>.

**Wilson Workforce and Rehabilitation Center (WWRC)** is a state-funded rehabilitation facility operated by the **Department for Aging and Rehabilitative Services (DARS)** that offers an array of residential and outpatient services ranging from a comprehensive rehabilitation therapy program to vocational training to short-term assessment. Eligible individuals with acquired brain injury may receive supplemental specialized services such as neuropsychological assessment and therapy / counseling; cognitive rehabilitation services; independent living / community re-entry skills; and physical, occupational, and speech / language therapies. Contact Rick Sizemore at 540/332-7044 or 800/345-9972/ TTY 800/811-7893 or e-mail [Rick.Sizemore@wwrc.virginia.gov](mailto:Rick.Sizemore@wwrc.virginia.gov) or on-line <http://www.wwrc.net/menuroot/VR-brain-injury-services.htm>.

## **State Contracted Programs/Services**

*The following organizations receive Commonwealth of Virginia state general funds to provide programs/services through contracts managed by the Department for Aging and Rehabilitative Services:*

***Brain Injury Association of Virginia (BIAV)*** provides **statewide** information and support to people with brain injury, family members, and professionals. BIAV services include a toll-free help-line, an information clearinghouse and resource library, referrals to brain injury-specific and general community resources, technical assistance to a statewide network of support groups, systems advocacy, educational events, and an adult camp for survivors. *Contact Anne McDonnell, Executive Director, Brain Injury Association of Virginia, 1506 Willow Lawn Drive, Suite 212, Richmond, VA 23230, by phone 804/355-5748, Toll-free Help Line 800/444-6443, e-mail [info@biav.net](mailto:info@biav.net), or on-line <http://www.biav.net>.*

***Brain Injury Services, Inc. (BIS INC)*** provides information and referral and case management for adults and children in **Northern Virginia**. Additional services include: supported living, counseling, assistive technology and vocational services for adults with brain injuries in **Northern Virginia**; case management is also available in the **Fredericksburg** area for adults, children and adolescents and for adults in the **Winchester** area. BIS INC also operates two day programs: The Adapt Clubhouse (in **Fairfax**) and **Fredericksburg Community Services**. *Contact Denise Hyater, Executive Director, Brain Injury Services, Inc., 8136 Old Keene Mill Road, Suite B102, Springfield, VA 22152, by phone 703/451-8881, e-mail [dhyater@braininjurysvcs.org](mailto:dhyater@braininjurysvcs.org), or on-line <http://www.braininjurysvcs.org>.*

***Brain Injury Services of Southwest Virginia (BISSWVA)*** provides information and referral, case management, Community Support Services (life skills training), and a unique tele-health program known as the Community Living Connection (CLiC) for survivors of brain injury throughout **Southwest** and parts of **Southside** Virginia. *Contact Krystal Thompson, Executive Director, Brain Injury Services of Southwest Virginia 3904 Franklin Road, Suite B, Roanoke, VA 24014-3039, by phone 866-720-1008, e-mail [krystal@bisswva.org](mailto:krystal@bisswva.org), or online <http://www.bisswva.org>.*

***Community Brain Injury Services*** operates two Clubhouse model programs: The Mill House serving the **Greater Richmond** area and Denbigh House serving the **Virginia Peninsula area**. Clubhouse members are actively involved in daily operations of the clubhouse through a “work-ordered day” which leads to improved work skills and behaviors that support community and vocational re-entry. Clubhouses offers an array of services including, limited case management services, volunteer placement services and an array of vocational services, including Employee Development Services (EDS) which provides a structured and in-depth assessment of an individual’s work-related skills and abilities and Supported Employment (SE) services. CBIS also provided long-term Case Management services and employs two full time case managers which provide services to individuals residing in the **Greater Richmond** metropolitan area *Contact Jason Young, Executive Director, Community Brain Injury Services, 681 Hioaks Road, Ste. G. Richmond VA. 23225, by phone 804-386-0925 e-mail [Jason@communitybraininjury.org](mailto:Jason@communitybraininjury.org), or on-line at <http://www.communitybraininjury.org>.*

***Crossroads to Brain Injury Recovery (CBIR)*** provides information and referral, case management, Community Support Services (life skills training), and volunteer placement for individuals with brain injury in the Greater Shenandoah Valley to include the counties of **Rockbridge, Augusta, Bath, Highland, and Rockingham**; and the cities of **Harrisonburg, Lexington, Buena Vista, Waynesboro, and Staunton**. Crossroads' main office is located in Harrisonburg on the James Madison University Campus. The organization also has a satellite office at Wilson Workforce and Rehabilitation Center in Fishersville. *Contact Tamara Wagester, Crossroads to Brain Injury Recovery, Blue Ridge Hall MSC 9020, Harrisonburg, VA 22807, by phone 540-568-8923, e-mail [tamar@c2bir.org](mailto:tamar@c2bir.org) or on-line at <http://www.c2bir.org>.*

***Eggleston Services, Inc.*** operates Beacon House, a clubhouse program for people with brain injury in the **South Hampton Roads** area. Clubhouse members are actively involved in the daily operation of the clubhouse through a "work-ordered day" which leads to improved work skills and behaviors that support community and vocational re-entry. *Contact Joann Mancuso, Director Beacon House, 3808C Virginia Beach Boulevard, VA 23452, by phone 757/631-0222, e-mail [mancuso.joann@egglestonservices.org](mailto:mancuso.joann@egglestonservices.org), or on-line [www.egglestonservices.org](http://www.egglestonservices.org).*

***No Limits Eastern Shore (NLES)*** operates No Limits, a day program for people with brain injury on the **Eastern Shore**. Day programs provide individuals with brain injury the opportunity to participate in structured activities in a supportive environment. Activities are designed to enhance productivity, independence and inclusion and include cognitive, community impact, productivity, health and wellness, and independent living skills development activities. *Contact Rachel Evans, Executive Director, No Limits Eastern Shore, PO Box 259, 24546 Coastal Boulevard, Tasley VA 23441, by phone (757) 789-3990, e-mail [nolimitseasternshore@gmail.com](mailto:nolimitseasternshore@gmail.com), or on-line at [www.nolimitseasternshore.com](http://www.nolimitseasternshore.com).*

***The Bridge Line*** provides Case Management Services in the **Charlottesville/Albemarle County** areas of the State and operates the BridgeLine Place, a clubhouse for individuals with brain injury in the **City of Charlottesville**. Clubhouse members are actively involved in the daily operation of the clubhouse through a "work-ordered day" which leads to improved work skills and behaviors that support community and vocational re-entry. *Contact Leigh Wion, Associate Executive Director, The Bridge Line, 953 2<sup>nd</sup> St. SE, Suite 410, Charlottesville, VA 22902 (mailing address: PO Box 7292, Charlottesville, VA 22906) or by phone 434/220-4596, e-mail [lwion@thebridgeline.org](mailto:lwion@thebridgeline.org) or online at [www.thebridgeline.org](http://www.thebridgeline.org).*

***Virginia Supportive Housing (VSH)*** provides case management services to residents of two community homes for people with brain injury in the **Richmond** metropolitan area: Independence House, which houses six individuals, is located in the Fulton Hill community, and Bliley Manor, which houses eight individuals, is located in the Southside of Richmond. Limited follow-up case management is available to individuals who have moved on to more independent residential settings. *Contact Stephanie Arnold, TBI Case Manager, Virginia Supportive Housing, 5008 Monument Ave, Suite 200, PO Box 8585, Richmond, VA 23226, by phone 804/921-3466, e-mail [sarnold@virginiassupportivehousing.org](mailto:sarnold@virginiassupportivehousing.org), or on-line <http://www.virginiassupportivehousing.org>.*